**Mid Calder Community Centre Programme 2025**

Mid Calder Institute Hall
15 Market Street
Mid Calder
West Lothian
EH53 0AT

Tel: 01506 881246

**Monday** Plus Size Fitness Class 10.15am -11.15am

Mid Calder Ladies Group 12.00pm – 3.30pm

 Mid Calder School of Dance 4.00pm – 7.00pm

 After School Support 3.00pm – 6.00pm

 Fitness Class 7.30pm – 8.30pm

**Tuesday** Mother & Toddlers Group 9.00am – 12.00pm

 Almondvale Karate Club 5.00pm – 7.30pm

 After School Support 3.00pm – 6.00pm

 Management Committee (Monthly) 7.00pm – 9.00pm

**Wednesday** Pilates 9.30 am – 11.45am

 Line Dancing 1.00pm – 2.30pm

 After School Support 3.00pm – 6.00pm

 Gala Committee (Monthly) 7.00pm – 9.00pm

Camera Club 7.15pm – 9.45pm

**Thursday** Mother & Toddlers Group 9.15am – 11.30am

 Community Warm Hub 12.00pm - 2.00pm

 After School Support 3.00pm – 6.00pm

 Almondvale Karate Club 4.30pm – 5.30pm

 Mid Calder School of Dance 6.00pm – 9.00pm

 Community Council (Monthly) 7.00pm – 9.00pm

**Friday** Mother & Toddlers Group 9.15am – 11.30am

 After School Support 12.00pm – 6.00pm

 Drama Group 6.00pm – 7.30pm

**Saturday** Almondvale Karate Club 9.00am – 10.30am

Data Label : Public