

WHITBURN COMMUNITY CENTRE PROGRAMME

Opening Times Monday - Friday 9am-9:30pm

Saturday & Sunday 9am-3:30pm

Tel: 01506 280340 | Email: info@whitburncdt.org.uk

Day	Activity	Times	Cost	Contact / Information
Monday	Yoga with Maggie - Stretch & Relaxation	10:00am-10:50am	£6 per session	Bring own mat and blanket
	Andy's Man Club	7:00pm-9:00pm	Free	Peer-to-peer support group
	Whitburn Juniors 5-a side Football	7:00pm-8:00pm	Free	Open to anyone 16+and all abilities welcome
	Community Garden	1pm - 4pm	Free	Communitygarden@whitburncdt.org.uk
Tuesday	Citizens Advice	9 - 4pm	Free	alison.murray@cabwestlothian.casonline.org.uk 07784043091
	Kidzeco Various activities throughout the day	9 - 4pm	Free	Book on www.bookwhen.com/kidzeco Email nicole.bate@kidzeco.net for more info
	Hartbeeps Multi-Sensory classes Happy House Baby Beeps Baby Bells	9:30am 10:30am 11:45am	Contact Fiona	Birth - pre school Email Fiona.duncan@hartbeeps.com
	Joint Friendly Yoga	5:00pm-6:15pm	Contact Evelyn	Contact Evelyn on 07762 856907 evelynredpath1@gmail.com
	Cozmik Club (term time only)	6:45-8:30pm		Social club for young people (13+) on the autistic spectrum attending mainstream school. Contact cozmikclubwl@gmail.com
	Line Dancing - Improver	6:30pm-7:30pm	£5 per class	Contact linedancewithlaura24@gmail.com
	Line Dancing - Absolute Beginner/Beginners	7:30pm-8:30pm	£5 per class	Contact linedancewithlaura24@gmail.com
	Impact Coaching Academy (Football)	4 - 5 pm 5 - 6pm 6 - 7pm		Age 2 - 5 P1 to P3 P4 to p7 ImpactCoachingAcademy@outlook.com
	Belly Dancing Class	6.40 - 7.40pm	£6	No booking required just turn up. colletteoneil@hotmail.co.uk
	Citizens Advice	9 - 4pm	Free	alison.murray@cabwestlothian.casonline.org.uk 07784043091
Wednesday	Tiny Tots (term time only)	10:00am-11:30am	£1.50 per person	Tea & coffee provided - children bring own snacks
	Baby Ballet - Tinies (18m-3 years) Movers (3-4 years)	10:45am-11:20am 11:30am-12:05pm	Contact Miss Shannon	Miss Shannon - 07714 535295 westlothian@babyballet.co.uk
	Walking Group	11am-12pm	Free	Meet at Whitburn Community Garden - open to everyone
	Judo	6pm - 9.30pm		whitburnjudoclub@gmail.com
	Fitt4all	6:30-7:15pm		PT and nutrition advice

	Communion Service (first Wednesday of month)	7:00-8:00pm	Free - donations welcome	
	Baby Massage	10:00am to 11:30am		Contact Samantha.conn2328@gmail.com 07889373286 for more information
	Citizens Advice	9 - 4pm	Free	alison.murray@cabwestlothian.casonline.org.uk 07784043091
Thursday	Walking Football	10:30am-11:30am	£3	Aimed at adults over 50 + Stay afterwards for Tea, Coffee and biscuits
	Crafty Ladies	1:00-4:00pm		Contact Margaret on 07776438660 for more information
	Meditation Sound Bath Sessions (Monthly - first Thursday of month)	6:15-7:15pm	£6 per class	To register your interest please call 01506 635510 or email hub@westlothian50plusnetwork.co.uk
	Judo	6pm - 9.30pm	Various	whitburnjudoclub@gmail.com
	Jamie's Sanctuary (Fortnightly)	7:00-9:00pm	Free	hello@jamiessanctuary.co.uk
	Community Garden	1pm - 4pm	Free	Communitygarden@whitburncdt.org.uk
	Citizens Advice	9 - 4pm	Free	alison.murray@cabwestlothian.casonline.org.uk 07784043091
Friday	Breakfast Club (Monthly - last Friday of month)	9:30am-10:30am	£2 per person	Open to those 60+
	Impact Coaching Academy (Netball)	12 - 1pm 2 - 3pm 3 - 4pm 4 - 5pm		Walking Netball (adults) P4 to P7 Under 13 Under 15 & Under 17 ImpactCoachingAcademy@outlook.com
Saturday	Baby Ballet - Tinies (18m-3 years) Movers (3-4 years) Tots (6-18 months)	9:30am - 10:05am 10:20am 11:10am	Contact Miss Shannon	Miss Shannon - 07714 535295 westlothian@babyballet.co.uk
	WLFA & Whitburn FCA Soccer School	10.15 - 11am 11 - 12pm	£32 per month	Tackling Tots (2-4 years): Soccer School (5+ years) Booking & Contact:  https://wlfa.class4kids.io/  info@wlfa.co.uk Facebook: https://www.facebook.com/westlothianfootball/
Sunday	Church Service (every Sunday) Thanksgiving Service (first Sunday of each month)	10:30am-12:45pm 10:30am-1:00pm	Free - donations welcome	
	Judo	11am - 1.30pm		whitburnjudoclub@gmail.com
Gym	Monday to Friday Saturday & Sunday	9am-9:30pm 9am-3:30pm	£2 per session	No membership needed - ask at reception for a registration form
Soft Play	Monday to Friday Saturday & Sunday	9.30am-7pm 9.30am-3.30pm	£3 per child	Please note: opening times at weekends may vary depending on party bookings, so it's best to call ahead on 01506 280340.

