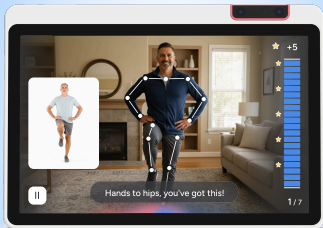


# Physiotherapy support for muscle and joint pain



Experiencing back, neck, shoulder or joint discomfort?

Sword is West Lothian Council's physiotherapy provider, connecting you with a physiotherapist who works with you to find the right support, from flexible at-home sessions to in-person physiotherapy, or guidance to better understand your symptoms.

[Access via manager referral.](#)

Speak to your line manager to get started.