BLACKBURN UNITED COMMUNITY SPORTS CLUB

AN SFA LEGACY &
WLC ACTIVE ASSURED PLUS CLUB

BITESIZE CLUB NETWORK EVENT WEDNESDAY 28th AUGUST 2024

► HOW CAN THE WEST LOTHIAN SPORTING COMMUNITY BETTER SUPPORT MENTAL HEALTH & WELLBEING?







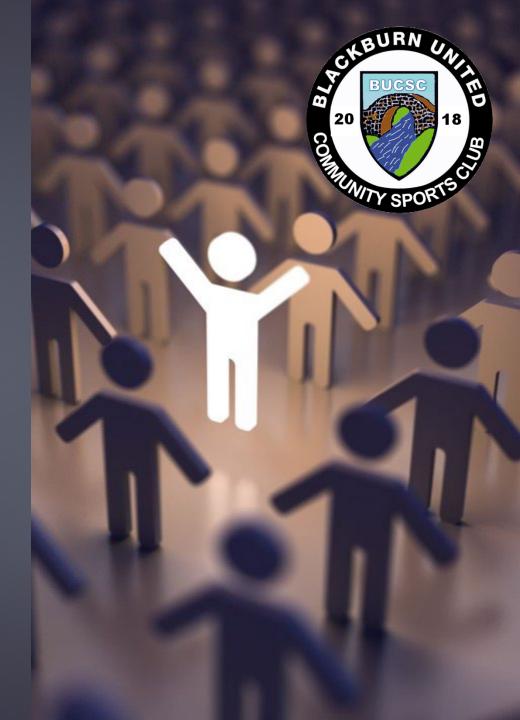
AGENDA



- Club Context
- Club Priorities (Internally)
- ► Club Priorities (Externally)
- Actions and Projects
- Impact and Learning
- ▶ Future Work
- Break for Networking
- How Can Your Club Do More to Help Your Community?

CLUB CONTEXT

- Football at the heart of the community
- Roots in a working-class village
- Modern facilities
- Growth in membership and involvement
- SCIO status since 2018





CLUB PRIORITIES (Internally)



- Mental Health People Focus
- ▶ Child Wellbeing Officer
- Coaches and VolunteersWellbeing CoachCoordinators
- Induction, Training and Development
- Growth Capacity with Membership and Involvement
- Duty of Care SCIO Status and Responsibilities

CLUB PRIORITIES (Externally)





▶ Mental Health

- Community Outreach
- ► Inclusion, ED&I
- Anti-poverty
- Sustainability
- Partnership working
- Infrastructure and use
- Volunteering and jobs
- Youth involvement









FUTURE WORK



- Remains a priority
- Listen to our community
- Build on projects and learning
- Increased collaboration and partnerships
- Embedded as mainstream theme in everything we do
- Succession planning youth, future, leaders

Break for Networking



Discussion – how can we as Clubs do more to help with Mental Health and Wellbeing?











Registered SCIO SC048124

How Can Your Club Do More To Help Your Community?

- Where are you with Mental Health and Wellbeing?
- Do you have policies and practices in place?
- Where did you start and what has helped?
- What framework do you have?
- Would the SAMH Bolt-on be helpful?
- What else is needed to help you and your Members, Coaches and Volunteers?
- ► How can we work together as WL Clubs?







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