

# ADULT LEARNING

*It's about you*

## Introducing our **'Absolute Beginners'** **Dressmaking course**

**This 12 week course will cover all the essential skills that you need to be able to make your own clothes from commercial patterns**

### **You will learn how to:**

- Use the sewing machine
- Read and understand paper patterns
- Take body measurements for dressmaking
- Cut out and mark up fabric
- Follow sewing instructions
- Complete a variety of sewing techniques
- Use tools required, from tape measures to sewing hams
- Make best use of fabrics and their differing qualities

**During this 12 week course you will make a dress or top using a commercial pattern.**

This course will give you the skills and knowledge to take away and transform your 'wardrobe' into exciting 'one-off' garments.

The course will be taught within a relaxing and friendly environment.  
Minimum age 16+. For more information on the course, how to book a place and pay the course fee please email: [adultlearning@westlothian.gov.uk](mailto:adultlearning@westlothian.gov.uk) or Freephone 0800731 1831



### **Registration Evening**

**Tuesday 10th September**

**7pm-9pm**

**Adult Learning Art Room  
Inveralmond Community  
High School**

### **Course start date**

**Tuesday 17th September**

**7.00pm-9.00pm**

**Adult Learning Art Room**

**Course Fee: £75.00**