

# COMMUNITY SPORT HUBS



Sport for life

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the national agency for sport

# UNDERSTANDING COMMUNITY SPORT HUBS

A Community Sport Hub (CSH) is a local collective of sports clubs & other community organisations that come together to improve the contribution that sport & physical activity has on a community. Leaders from these organisations work together to develop active communities where everyone benefits from sport & physical activity.

The Community Sport Hub approach is to support and empower local people to improve sport & physical activity in communities across Scotland. It starts with understanding the needs within a community and then collaborating to facilitate and deliver activities and interventions.




Across Scotland, a network of Community Sport Hub Officers are on hand to work with local leaders. They provide support to help understand barriers and develop inclusive approaches that ensure everyone can get active. They help establish partnerships, and develop plans and resources to build capacity and capability in community organisations. We aspire to develop Community Sport Hubs across all 32 local authorities to contribute to an active Scotland where everyone benefits from sport

The Community Sport Hub programme is funded by The National Lottery and, along with Active Schools, is one of sportscotland's key programmes in ensuring everyone benefits from Scotland's sporting system. Our approach allows for each Community Sport Hub to be unique, however each are founded on the same three pillars following six common principles.



# ALL COMMUNITY SPORT HUBS ARE FOUNDED ON THESE THREE PILLARS



| Founding pillars   | The approach each CSH adopts | The Community Sport Hub Officer network supports Community Sport Hubs to....                            |
|--|------------------------------|---|
| <br>Meeting community needs           | Inclusive                    | ...understand the barriers people face and proactively address them                                     |
|  | Responsive                   | ...adapt what they do based on how they are doing and what's happening around them                      |
| <br>Fostering community collaboration | Accountable                  | ...plan well, measure their performance and be accountable for delivering outcomes                      |
|  | Collaborative                | ...develop and strengthen partnerships and collaborations across public, voluntary, and private sectors |
| <br>Empowering community leaders      | Person-centred               | ...listen to people and put their voices at the heart of their thinking                                 |
|  | Continuously improving       | ...do everything to the highest possible standard, whilst seeking to continuously improve               |



# THE IMPACT THAT A COMMUNITY SPORT HUB CAN HAVE ON A COMMUNITY...

## INCLUSIVE

Meggetland CSH in Edinburgh has engaged young carers, listened to their needs, and is getting them active through paddleboarding.



“We want the hub and club to broadly reflect Edinburgh’s wider population and give young people who could benefit the most, an opportunity to try our sport.”  
**Meggetland CSH, Edinburgh – Hub member club**

## RESPONSIVE

Tay Estuary Water Sports Hub in Dundee has been launched to bring clubs and community organisations operating on the river together.



“We’ve launched the hub off the back of a strong desire from some of the water sports clubs operating individually on the River Tay to come together and work in collaboration; focusing on educating the public around water safety and to encourage more participation.”  
**Tay Estuary Water Sports Hub, Dundee – Hub officer**

## ACCOUNTABLE

Through HighLife Highland, Highland Council are bringing services together to share the responsibility to support CSHs.



“Together, with organisations across the Highlands, we’re looking to develop strategies to facilitate access and increase the use of outdoor spaces and hope the resulting data will influence future projects.”  
**Multiple CSH’s, Highlands – Hub officer**



“Offering a range of different sports for young people alongside youth work activities helps to promote their physical and mental wellbeing. It also gives an opportunity for young people to develop new skills and gain confidence in a supportive environment.”  
**Waterstone Crook CSH, Fife – Community education worker**

**COLLABORATIVE**  
Alongside multiple partners, Waterstone Crook CSH in Newport-on-Tay are engaging young people through their Youth Hub to tackle anti-social behaviour.



“The coaches are patient and break down instructions well for the level of each young person. My daughter has become a different young lady. She is happy and enjoys joining in.”  
**Multiple CSH’s, South Ayrshire – Participant’s parent**

**PERSON-CENTRED**  
In South Ayrshire the CSH’s have delivered a programme of activities to develop young people’s health and wellbeing.



“We took over the bowling club as we felt this was a brilliant opportunity to create a space that was owned by the community, for the community.”  
**Fintry Community Sports Hub, Stirling – Hub leader**

**CONTINUOUS IMPROVEMENT**  
Fintry CSH, in Stirlingshire has renovated a disused bowling club to ensure that it is a place that brings the community together.



Community Sport Hubs have been evolving since 2010. They are a key cog in Scotland's sporting system, supporting sports clubs and community organisations to work together to improve the sport and physical activity offer in communities.

Any organisation with leaders that aspire to understand what their community needs with a willingness to work with others can get involved. We encourage any organisations curious about the approach to get involved.

# FIND OUT MORE

## #CommunitySportHubs

For further information or to request a copy of this document in Gaelic please contact:

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