

## Active Schools and Community Sport - Improving Lives Through Sport

Active Schools and Community Sport hold a vision of inclusive access for all and upholds everyone's right to participate in physical activity and sport. We support a cohesive approach that aligns the provision of physical education, physical activity and sport. We use sport-based approaches to provide positive outcomes and, through intentional change, foster environments and opportunities that improve the lives of the people of West Lothian.

### Active Schools

Active Schools Coordinators work with all primary, secondary and ASN schools across the authority to provide a wide range of high quality opportunities connected to physical education, school sport and club sport. The key focus for Active Schools is to increase the inclusivity of sport and physical activity programmes and to maximise the positive impact that results from participation. We work with schools and other key partners to ensure equality of opportunity for children and young people and strive to support the attainment, health and wellbeing of pupils.

Key Impact Areas	What we do	Programme Outcome/s
<b>Coaching and Volunteering</b>	<i>We take a person-centred approach to the recruitment, deployment and development of coaches and volunteers that support the delivery of our programmes.</i>	<ul style="list-style-type: none"> <li>- Volunteers and coaches develop the skills required to meet the needs of our participants.</li> <li>- We engage and retain more people in sport.</li> </ul>
<b>School Sport Events</b>	<i>Children and young people are provided with opportunities to participate at festivals, competitions and other sporting events.</i>	<ul style="list-style-type: none"> <li>- Children and young people improve and develop their health and wellbeing through participation in sporting events.</li> </ul>
<b>Developing Clubs</b>	<i>We provide opportunities for children and young people to engage with local community sports clubs. We support clubs to identify and address the needs of their membership and of their wider community.</i>	<ul style="list-style-type: none"> <li>- Local sports clubs and organisations grow, develop and become more sustainable.</li> <li>- More children and young people participate in sport.</li> </ul>
<b>Extracurricular Activity</b>	<i>We work with schools, clubs and other partners to provide a programme of extracurricular clubs that meets the needs of children and young people.</i>	<ul style="list-style-type: none"> <li>- An increase in the inclusivity of activities.</li> <li>- The health and wellbeing of pupils is improved through participation in sport and physical activity sessions.</li> </ul>
<b>Leadership programmes</b>	<i>We support and deliver a range of leadership programmes and qualifications (e.g. Coach Academy West Lothian, Young Ambassadors, School Sport Captains, Primary Leadership) that supports the delivery of sport in schools and local communities.</i>	<ul style="list-style-type: none"> <li>- Increase in sport and physical opportunities for children and young people.</li> <li>- Pupils develop skills and achieve qualifications that improve their attainment, increase their employability and help them to achieve a positive destination.</li> </ul>
<b>Partnerships</b>	<i>We identify and collaborate with internal and external partners to understand their priorities and to determine common outcomes.</i>	<ul style="list-style-type: none"> <li>- We address inequalities through sport and physical activity and increase the inclusivity of activities.</li> </ul>