

LOCKDOWN

WHAT THE LOCKDOWN FEELS LIKE TO ME.

IT IS A FEELING OF SADNESS, UNHAPPINESS, BEING TOLD TO STAY IN AND ONLY TO GO OUT IF NECESSARY AND I KNOW WE ALL NEED TO FOLLOW THESE RULES TO HELP PROTECT LIVES.

IT'S NOT KNOWING IF YOU WILL EVER SEE YOUR FAMILY AGAIN. NOT GIVING YOUR MUM OR DAD A HUG. ONLY SPEAKING OVER ZOOM OR MESSENGER WITH VIDEO IF YOU CAN DO THIS, WHEN ALL YOU WANT TO DO IS TO HAVE A CUP OF TEA AND A CHAT WITH THEM IN THE SAME ROOM.

I CAN COPE WITH THIS BY USING MY IMAGINATION. I IMAGINE THAT I CAN GO OUT. TO GO TO THE ZOO AND SEE THE ANIMALS. ALL OF US WALKING AROUND, TWO METRES APART AND WEARING MASKS.

I ALSO IMAGINE GOING OUT AND SEEING SHOWS LIKE MAMMA MIA WITH FAMILY AND FRIENDS. AFTERWARDS, GOING SOMEWHERE FOR A NICE MEAL. I FEEL HAPPIER KNOWING THAT AT SOME TIME SOON I CAN DO THIS FOR REAL.

MANDY