

Healthy Working Lives - Autumn Week 2020

7 September - 11 September 2020







As part of the council's People Strategy and Employee Wellbeing Framework, the Healthy Working Lives Steering Group proactively promotes and encourages employees to make positive health choices. In doing this, the group hold two healthy working lives weeks, one in the winter one in the summer.

Below is the list of the current events and the resources used to promote the current **Autumn Week 2020**:

List of Events

7 September 2020 - 11 September - List of Events  [HWL Calendar Autumn Health Week 2020](#)

HWL Resources

- TV Screen slide show  [HWL Autumn 2020 Powerpoint](#)
- Four Pillars of Wellbeing A4 poster  [4POW Poster](#)
- HWL's Autumn Health Week Calendar  [HWL Calendar Autumn Week 2020](#)
- Help EAP Leaflet  [Help EAP e-leaflet](#)
- Love to Ride - Cycle September A4 poster  [Love to Ride Poster](#)
- Love to Ride - Cycle September flyer  [Love to Ride Flyer](#)