## My lockdown diary

When we went into lockdown back in March, I:

**FELT** Lost – no classes or craft group, no college. I was wondering what to do with myself.

**DID** I walked the dog a lot then, about three times a day. She loved it. I tried to keep myself as busy as I could mentally. I made keyrings with charms. I made about 50 of them.

**SAW** I saw the X-ray of my broken wrist – I fell in June when I was changing my mum's hamster up the stairs in its cage. I fell backwards down six steps. The bones looked quite weird, they are so tiny. It's healed now. I still feel it in cold weather.

**HEARD** I used to hear updates on how bad the virus was on the news. I listen to the Scottish one more than the English one. With the tier system now, you've got to know what this means for us.

**MISSED** Slimming World – I wasn't able to keep track of my weight as well as I could before. The Slimming World has stopped again because of the new lockdown. It won't start again until we go into a lower tier. Hopefully that will be on December 11.

**DIDN'T MISS** Early mornings. Having to get the bus, which is tiring.

**WATCHED** The news – I didn't really watch it before. The afternoon soaps – I wasn't generally in for them before.