

Community Regeneration

Here in the Regeneration Team we are:

- processing referrals coming in from our Shielding Co-ordination Team
- supporting with prescription delivery for those shielding
- supporting and signposting any other issues and help required.
- and offering support, information and advice to community networks, organisations and groups

Whilst undertaking the above we have managed to collate a few contacts and information that might be useful whilst you are supporting local communities at this time.

Individuals that need extra support

Personal care if you are a carer and unable to care for your charge through illness, self-isolating or shielding and have no one within the household to undertake the caring role contact:

adultsocialcare@westlothian.gov.uk

Essential PPE and personal care supplies

If you are a carer and unable to obtain PPE equipment to carry out your normal caring duties contact: Carers of West Lothian office@carers-westlothian.com phone no: 01506 448000 the Duty Worker will pick up calls every day between 9 & 5pm

Go to guide

Scottish Government 'go to' guide on how to protect yourself and others through COVID 19 can be found at: <https://www.readyscotland.org/coronavirus/>

This covers, volunteering, helping others, community groups, getting extra support, business support and advice, shop responsibly and health advice

Local support

To find local community support during COVID 19

The Voluntary Sector Gateway have produced a comprehensive directory covering all of West Lothian and is a useful first port of call for anyone looking for support: <https://www.voluntarysectorgateway.org/community-directory.html>

Organisational development

For organisations and community groups: there is excellent information on the Voluntary Sector Gateway West Lothian site for templates and information on key policies and procedures <https://www.voluntarysectorgateway.org/resource-library.html>. Now is a good time to make sure policies and procedures are in place up and to date and additional risk assessments are in place

Covid 19 Workplace Risk Assessment

Attached are two examples of Covid-19 workplace templates for you to amend as appropriate Workplace risk assessment templates can be found here along with case studies that may help with different workplace settings and as attached: <https://www.hseni.gov.uk/publications/example-covid-19-risk-assessment-template> & <https://www.hse.gov.uk/risk/>

Link to UK guidance on shielding and protecting people defined on medical grounds as extremely vulnerable in easy read and other languages <https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19>

Core Covid-19 Information and guidance for general non health care settings https://hpspubsrepo.blob.core.windows.net/hps-website/nss/2973/documents/1_covid-19-guidance-for-non-healthcare-settings.pdf

shielding

Hearing aids

Whilst West Lothian libraries are closed, if you require replacement hearing aid batteries please contact the telephone number provided on your replacement batteries card (yellow card) stating the battery type required and the Audiology department will post these directly to you.

Kidzeco are still accepting referrals for their KidzStart project. for any families struggling for any baby essentials, then please refer them and Kidzeco Email tracy.murdoch@kidzeco.net phone: 01506 815534

Dog walking for local contact groups that may assist <https://www.voluntarysectorgateway.org/community-directory.html>