



**\*NEW FOR 2019\***  
**Seated Dance Classes**  
**Craigsfarm, Livingston**

Wednesdays 10.45 – 11.45  
23 & 30 October 2019

Come along and join us for a fun and relaxed seated dance class for people over 50. Perfect for those who may need or prefer to remain seated. Meet others who love the music and camaraderie of a dance class, make new friends and keep fit. This is a two-week trial for potentially weekly classes.

Craigsfarm Community Hub, Maree Walk, Livingston  
EH54 5BP. Weekly donation £3.

Can't come but want to know more?  
Call: Joanne - 07521 358 239  
Craigsfarm - 01506 894639  
[www.generationarts.co.uk](http://www.generationarts.co.uk)