

# <u>Educational Psychology Service</u> <u>Compassionate and Connected Communities</u>

A Needs Analysis for Trauma and Adversity
Career Long Professional Learning: Report
Summary

#### **Educational Psychology Service**

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#### **Background**

All schools were asked to provide feedback on 3 key questions relating to their recent and future experiences of supporting children who have experienced trauma. Based on a 33% response rate, the following information was gathered:

### Training already accessed by the schools in the authority includes:

- Resilience "ACE's" documentary
- Training support from within the authority Nurture (and Whole School Nurture),
   LAC awareness training, Give Us a Break training, the Health & Wellbeing
   conference and the ACEs hub conference
- Training from outside organisations Pivotal training, de-escalation training, resilience toolkit training, Scottish Mental Health First Aid training, ACE awareness training, and training from Care visions
- Training inputs from researchers and speakers Suzanne Zeedyk, Chris Kilkenny, Stephen Turnbull and Stan Godek
- **Professional reading**, "When the Adults Change, Everything Changes" by Paul Dix, "Poverty Safari" by Darren McGarvey and "Hidden in Plain Sight" by Carol Craig

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"What trauma & adversity training have your staff or school received in the past?"

The main areas that schools identified as the areas of need for future support were as follows:

- Responding to trauma (distressed behaviour/de-escalation)
- Self-regulation
- Supporting trauma with nurture
- Staff Well-being

## How we plan to take this forwards:

Schools have responded clearly to what they wish to prioritise with regard to trauma and adversity CLPL opportunities. The Educational Psychology Service will be focusing on these four areas as part of the Compassionate Connected Communities pilot project in 2019-2020;

- responding to trauma,
- self-regulation,
- nurture and
- how we support staff wellbeing

As part of this work we will be linking with the NHS Moving Forward in Learning One Trusted Adult program.

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In addition, in partnership with the Inclusion and Wellbeing Service (Schools), we will also be developing a training program that will ultimately be available for all schools and will focus on responding to distressed behaviour within the context of building positive relationships.

The EPS will also continue to deliver the Looked After Children awareness training this session which also provides background information on the impact of trauma on learning.

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