



Transform
Craigshill



Mental health and wellbeing

Update May 2019

challenges

Mental health and well being

Mental health and well being priorities from community consultation, statistics, profiling and mapping of services and organisations



Individuals accessing GP appointments

Housing provision—waiting lists for appropriate housing and issues

Access to good quality food

Prescription drugs for anxiety, depression and stress



Having a patient participation forum



Isolation for people with mental health issues



Individuals wanting to move into sheltered housing



Lost appointments in 2016 = 81 days of GP time



Transport—travel costs YP



Night time activities for adults



Lack of assistance for individuals with mental health issues, increasing compounded with issues around family, job, money and housing



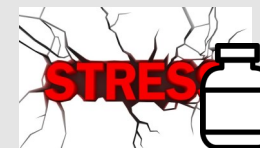
Increase support through social prescribing



Safe place to go within the community



Perceived transport link to the centre



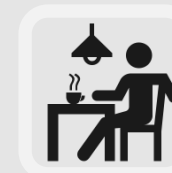
Mental health of young people



No community garden



Healthy eating sit down places in Craigshill



Affordable sitting in eating places open after 3pm—early evening

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Mental health and wellbeing

- Mental health and well being with young people
- GP appointments
- Prescription drugs for anxiety, depressions and stress
- Safe place to go in the community



Social prescribing

Key Issues /needs identified:	
Current position:	Outcome: To improve the streets, and spaces of buildings, underpasses, roads, green areas in order to improve residents overall health, mental health and well being.
Baseline evidence and measures	Local Plan outcome indicators Short term: community involvement Medium term:
How this fits into:	
The Local Outcome Improvement Plan: We live in resilient, cohesive and safe communities. We live longer, healthier lives and have reduced health inequalities.	
WLCPP Anti poverty strategy 2018-23 'Taking Action for Change'	
<ul style="list-style-type: none"> • Targeting services to reduce inequalities • Shifting resources upstream to deliver preventable measures • Ensuring that we obtain the maximum impact for our expenditure 	



Social prescribing

Outcome re-quired	What do we need to do	How are we going to do it	What do we need (resources) to do it	Who is going to do it	Timeframe	How will we know we are succeeding? outcome indicator/outputs



Healthy eating & being active

Key Issues /needs identified: Forth Drive, Flats area, dampness, antisocial behaviour, litter, fly tipping, dog fouling, gardens, shrubbery overgrown, security of flats, flats overall maintenance, evidence of drug use, bin issues, dog poo trampled on feet into playgroup

Current position:

The flats have a number of landlords and mainly private rented. Building maintenance is required to secure buildings on doors and prevent individuals and bulky items, which in one block has already resulted in a fire. Identified drug use in another stairwell and the electrical box exposed. Guttering and some pipe work require maintenance

Outcome:

Baseline evidence and measures

Local Plan outcome indicators

Short term:

Medium term:

How this fits into:

The Local Outcome Improvement Plan: We live in resilient, cohesive and safe communities. We live longer, healthier lives and have reduced health inequalities.

WLCPP Anti poverty strategy 2018-23 'Taking Action for Change'

- Targeting services to reduce inequalities
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Healthy eating & being active

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GP practices

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GP practices

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