



RIDE A BIKE AND WIN!

LOVE TO RIDE
CENTRAL
SCOTLAND

CYCLE
SEPTEMBER

Freedom 

Freebies 

Fun 

lovetoride.net/centralscotland



WHO?

Everyone can take part, it doesn't matter if you haven't been on a bike for years – you only need to ride for 10 minutes to win prizes.

WHERE AND WHEN?

You can ride any time, anywhere. Love to Ride rolls year-round with great prizes and fun seasonal promotions, such as Cycle September.

HOW?

- Register on the site
- Record your rides
- Recruit your colleagues
- Go into the draw for great prizes

WHY TAKE PART?

- A fun, free team building programme
- Take part in a friendly competition with local organisations
- Ride your way to being happier, healthier and wealthier
- Win great prizes and freebies
- Enjoy the freedom of two wheels
- Introduce others to cycling



Find out more at lovetoride.net/centralscotland

Or contact your Cycling Ambassador, Diane Goldberg

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